



# BRINGING UP GREAT KIDS

What does it mean to have a **confident** child?

This parenting program supports parents and carers to:

- Learn about brain development
- Attend to children's needs in a mindful, reflective manner
- Promote respectful communication
- Help children to process their feelings
- Listen deeply and explore parent's own style and how it can assist in being a more effective parent
- No Cost



The concept of **good enough parenting and the good enough child** –

- Flexible communication and effective negotiation.
- Parenting as a team.
- Setting Boundaries.



## WHERE?

Conference Room  
Ashburton Primary School,  
10 Fakenham Rd.  
Ashburton.



## WHEN?

9.30am to 12.00pm  
Wednesdays  
May 3rd, 10th, 17th, 24th, 31st

## RSVP:

Gabby Kirwan  
**(03) 9809 9100**